

WEEK 1

Blue Zone

Week Commencing: 15th Apr, 29th Apr, 13th May, 3rd Jun, 17th Jun, 1st Jul, 15th Jul, 9th Sep, 23rd Sep, 7th Oct, 21st Oct

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Margherita Pizza (V)
or
Pepperoni Pizza
& Seasoned Wedges



Chicken Tikka
& Wholemeal Rice Wrap
or
Vegetable Tikka
& Wholemeal Rice Wrap



Marinated Glazed Chicken
with Choice of Sides
and House Slaw



Cheeseburger or
Southern Fried Quorn (V)
in a Bun with
Herby Diced Potatoes



Loaded Bucket of Chips
with Delicious Homemade
Toppings of Choice



Selection of Delicious
Wholemeal Filled Breads,
Healthy Salads
and Pasta Pots

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Jacket Potato with
a Choice of Topping
Served with Fresh Salad

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Homemade Cookies
and Cakes
Yogurt with Fruit Coulis
Fresh Fruit Pots and
Delicious Desserts

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92% of our food is made from fresh ingredients every day • The meat we serve is Red Tractor, Farm Assured British accredited
All our fish is from sustainable sources • All of our eggs are free range laid by happy chickens • We bake our bread daily in your kitchen



WEEK 2

Blue Zone

Week Commencing: 22nd Apr, 6th May, 20th May, 10th Jun, 24th Jun, 8th Jul, 2nd Sep, 16th Sep, 30th Sep, 14th Oct

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Rainbow Pizza (V)
or
BBQ Chicken Pizza
& Seasoned Wedges



Chili Beef
& Wholemeal Rice Wrap
&
Bean & Lentil Chili
& Wholemeal Rice Wrap



Chicken Tenders
with Choice of Sides
and House Slaw



Chicken Burger or
Southern Fried Quorn (V)
in a Bun with
Herby Diced Potatoes



Loaded Bucket of Chips
with Delicious Homemade
Toppings of Choice



Selection of Delicious
Wholemeal Filled Breads,
Healthy Salads
and Pasta Pots

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